

# Wellcome Care Homes Ltd

## Allergens Policy

Reviewed March  
2026

### **Statement of Intent:**

This policy is concerned with a whole company approach to health care and management of those members of staff/Residents suffering from specific allergies.

Wellcome Care Homes is aware that staff on duty or Resident's may suffer from food, bee wasp sting, animal or nut allergies and believe that all allergies should be taken seriously and dealt with in a professional and appropriate way.

Welcome Care Homes position is not to guarantee a completely allergen free environment, rather: to minimise the risk of exposure, encourage self-responsibility, and plan for effective responses to possible emergencies.

Wellcome Care Homes requires staff or Residents/Residents family to provide information about any dietary requirements/allergies at interview stage and with residents at the Pre-Assessment stage. We ask that any family members who are attending any functions involving food or outdoor activities to declare any allergens to the staff before commencing any such activities.

### **Aim:**

The intent of the policy is to minimise the risk of anyone suffering allergy-induced anaphylaxis whilst at work/their home.

An allergic reaction to nuts is the most common high-risk allergy, and as such demands more rigorous controls.

The underlying principles of this policy include:

- The establishment of effective risk management practices to minimise staff/ Resident exposure to known trigger foods and insects.
- Staff training and education to ensure effective emergency response to any allergic reaction situation.
- This policy applies to all staff members, Residents and Residents families/visitors.